





Peelamedu, Coimbatore – 641004 Email: studentscouncilpsgcp@gmail.com

STUDENT COUNCIL 2022-23

Principal Dr. M. Ramanathan, D.Sc

President Mr. S. Haribabu

Vice President Ms. A. Arshada Fatin

General Secretary Mr. Shaik Dawood Thoufig

Joint Secretary Ms. D. Sureka

Treasurer Mr. S. Srivatsan

Sports Secretary Mr. S. P. Sangeeth

Cultural Secretary Mr. S. Mohanram

Semmozhi Peravai Secretary Ms. M. Priya

MAD Club Secretary Ms. C. Dharshini

Science Club Secretary Mr. P. S. Kirubhakaran

Marketing & Media club Secretary Mr. S. Shiv Sundar

Valarkarangal Secretary Mr. J. Vaikunda John

Magazine Club Secretary Ms. N. Aishwariya

Student Mentoring Secretary Ms. A. Dhakshana

ECO Club Secretary Mr. P. Hariraj

Executive Members – Sports & Culturals Mr. R. Baviharan Ms. D. Panimalar

Executive Members Ms. B. Thejasri Ms. P. Suchitra Mr. K. Sanjay Date: 13/02/2023

### FOOD DISTRIBUTION-REPORT



**\*** EVENT:

CHARITY WORK AT LEONARD

CHESIRE DISABILITY HOME

**DATE&TIME:** 

13/02/2023, 9:00AM-12:00PM

\* PLACE:

LEONARD CHESIRE DISABILITY

HOME, SOWRIPALYAM ROAD,

BEHIND PSG HOSPITAL, CBE

\* MEMBERS:

\* ORGANIZED BY: VALARKALANGAL CLUB

\* VALARKARANGAL: VAIKONDA JOHN.J

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CLUB SECRETARY LEGE OF

DEET TW-DA







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#### SUMMARY/DESCRIPTION OF THE EVENT:

Valarkarangal on 13/2/2023 (Monday) organized a food distribution event at **Leonard**Chesire disability home, sowripalayam. Money collected from First B. pharm and Pharm.D students was used to prepare food under hygienic for mentally disabled patients at the Chesire home. Students spent their time with them and were satisfied with the joy of giving.



Fig 1: Students interacting with the mentally disabled people of leonard chesire home



Fig 2: Students serving food to the people of leonard chesire home

Dr M. Ramanathan,







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Mr. R. Baviharan Ms. D. Panimalar

Executive Members Ms. B. Thejasri Ms. P. Suchitra Mr. K. Sanjay Date: 18/03/2023

#### GIVE A HAND- REPORT



**\* EVENT:** 

**GIVE A HAND** 

\* DATE&TIME:

18/03/2023, 9:00AM

**VENUE:** 

GANDHIPURAM BUS STAND

\* ORGANISED BY:

VALARKALANGAL CLUB

❖ VALARKARANGAL: VAIKUNDA JOHN.J

**CLUB SECRETARY** 

Gene

COLLEGE OF PHARMAC

COIMBATORE-641 004







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# SUMMARY/DESCRIPTION OF THE EVENT:

On March 13th, the valarakalangal club along with its members decided to helpthe people in needy and the members were called upon to spend their time in the act of expressing their kindness and to extract out the helping capacity of the members. Kindness showed to an old man from Gandhipuram bus stand who was groomed and donated food by the members. A day that brightens up the sweet old man and makes him happy.



FIG 1: Before grooming the elder



FIG 2: The members expressing the act of kindness

Dr M. Ramanathan,









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Peelamedu, Coimbatore - 641004

Date: 01/04/2023



#### CARRIER GUIDANCE – REPORT

**EVENT:** 

**GOLDEN FUTURE** 

**\*** DATE&TIME:

01/04/2023

\* PLACE:

**PSG SON'S & CHARITIES** MANAVAR ILLAM, PSG

SARVAJANA HIGHER

SECONDARY SCHOOL, CAMPUS

**\*** MEMBERS:

9

**❖ ORGANIZED BY:** 

VALARKALANGAL CLUB

\* VALARKALANGAL: VAJKONDA JOHN.J. **CLUB SECRETARY** 

PSG







Peelamedu, Coimbatore – 641004 Email: studentscouncilpsgcp@gmail.com

#### **SUMMARY/DESCRIPTION:**

The event 'Golden Future' was initiated to help the young generation to overcome the difficulties of deciding their future. The guidance was given to the students of PSG Manavar Illam for classes 10,11 & 12<sup>th</sup>. The members of the valarkarangal club have guided the students to choose their own interest field. They have shared their valuble experience to guide the students and the students addressed various queries which was cleared by the members. The Principal Dr. M. Ramanathan addressed the students of PSG Manavar Illam and shared his experience on various field. The students even appreiciated the guidance program and expressed their gratitude and gave opinions on the programme.



FIG 1: The students explaining about importance of career guidance & clearing the queries.



FIG 2: The Principal explaining about preplanning for future goals.

Dr M. Ramanathan,







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Executive Members Ms. B. Thejasri Ms. P. Suchitra Mr. K. Sanjay Date: 18/04/2023



#### **BOOK DISTRIBUTION- REPORT**

**\*** EVENT:

**GOLDEN FUTURE** 

**❖ DATE&TIME**:

18/04/2023, 2:00AM

\* PLACE:

SUNDAPALAYAM PRIMARY SCHOOL, COIMBATORE

**\*** MEMBERS:

7

**❖ ORGANIZED BY:** 

VALARKALANGAL CLUB

\* VALARKALANGAL: VAIKONDA JOHN.J

**CLUB SECRETARY** 

COLLEGE OF PHARMAC







Peelamedu, Colmbatore - 641004

Email: studentscouncilpsgcp@gmail.com

#### **❖ SUMMARY/DESCRIPTION:**

The Valarkaranagal secretary and its members on 18th of April after lunch under the guidance of Mr.D Sivakumar, Department of Chemistry started their travel to the Sundapalayam primary school to distribute books like table books & story books to the students to help to grow their knowledge which may lead to a bright future of the students. Seven members including then club secretary accompanied the incharge of this respective club to spread the good deeds and grow them bright enough to shine in the near future.



FIG 1: Valarkarangal members distributing books to the primary school students.

Dr M. Ramanathan,







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Date: 21/06/2023



INTERNATIONAL YOGA DAY-REPORT

**\*** EVENT:

INTERNATIONAL YOGA DAY

**❖ DATE & TIME**:

21/06/2023, 9:00AM-10:00AM

**VENUE:** 

IMSR NEW BUILDING

\* MEMBERS:

45

ORGANIZED BY:

VALARKARANGAL CLUB

❖ CLUB SECRETARY: J. VAIKUNDA JOHN

**THEME:** 

YOGA FOR

VASUDHAIVA KUTUBAKKAM







Peelamedu, Coimbatore – 641004 Email: studentscouncilpsgep@gmail.com

## **SUMMARY/DESCRIPTION OF THE EVENT:**

June 21st is celebrated as International Yoga Day, the valarkarangal club took this opportunity to celebrate this day by inviting Dr Subashini. Around 40 students participated in the event where the students were taught yoga for 1 hour which helped them to relax their mind and relieve their stress. The event was successful under the guidance of Dr.M. Ramanathan, Principal and Mr.D.Sivakumar, Department of Pharmaceutical Chemistry.

#### **OUTCOMES**

This 1-hour yoga helped the students to relieve their day-to-day stress and they felt very relieved. This event has also piqued the interest to learn yoga for many students.



FIG 1: Students following the guidance of the Yoga Instructor.



FIG 2: Event participants performing yoga to relieve stress.



FIG 3: Yoga offering peace and mindfulness.



FIG 4: A final group photo with all the yoga lovers.

Dr.M. Ramanathan,









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Executive Members Ms. B. Thejasri Ms. P. Suchitra Mr. K. Sanjay Date: 02/07/2023



# **CARING HANDS- REPORT**

❖ EVENT:

FOOD DISTRIBUTION AT

GANDHIPURAM BUS STAND

**❖** DATE:

02/07/2023

❖ ORGANISED BY:

VALARKARANGAL

**❖** <u>SECRETARY</u>:

VAIKUNDA JOHN.J







Peelamedu, Coimbatore – 641004 Email: studentscouncilpsgcp@gmail.com

## SUMMARY/DESCRIPTION OF THE EVENT:

On July 2<sup>nd</sup>, Valarkarangal and its club members organized a food distribution for the needy at the Gandhipuram bus stand .50 people were provided with a proper dinner and the members of valarkarangal were also satisfied with the joy of giving.





Fig 1&2: Valarkarangal club members providing food for the needy

Dr. M Ramanathan,







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Executive Members Ms. B. Thejasri Ms. P. Suchitra Mr. K. Sanjay Date: 20/07/2023



# WORLD DRUG ABUSE DAY- REPORT

**EVENT:** 

WORLD DRUG ABUSE DAY

AWARENESS PROGRAMME

\* DATE:

20/07/2023

❖ <u>VENUE:</u>

PSG HIGH SCHOOL,

**VEDAPATTI** 

❖ ORGANIZED BY: VALARKARANGAL

**SECRETARY:** 

J. VAIKUNDA JOHN







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# SUMMARY/DESCRIPTION OF THE REPORT:

On 20<sup>th</sup> July 2023, Valarkarangal of the student council 2022-23 organized an awareness program at PSG High School, vedapatti on account of World drug abuse day. The students of the Pharm D 2021 batch participated in this awareness program and educated young minds about drug abuse with their own posters. On behalf of the PSGCP family, a considerable sum of money was also heartily donated for the student's education.



Fig 1: Students of Pharm D 2021 batch giving awarenessthrough poster presentation for school students.



Fig 2: Principal Dr. M Ramanathan provides a considerable amount of money as donations for Student's education.

Dr. M Ramanathan







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Sports & Culturals Mr. R. Baviharan

Ms. D. Panimalar

Executive Members Ms. B. Thejasri Ms. P. Suchitra Mr. K. Sanjay Date: 28/10/2023



## **HELPING HEALS HEARTS – REPORT**

**\*** EVENT:

FOOD DISTRIBUTION AT

SINGANALLORE BUS STAND

❖ DATE & TIME:

28/10/2023, 5:00PM - 6:00PM

**\* VENUE:** 

SINGANALLORE BUS STAND

**❖ ORGANIZED BY:** 

VALARAKARANGAL CLUB

VALARKARANGAL: VAIKUNDA JOHN.J

**SECRETARY** 

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Email: studentscouncilpsgcp@gmail.com

#### **SUMMARY/DESCRIPTION OF THE EVENT:**

The Valarkarangal Secretary, Mr Vaikunda John along with the members from 2021 Pharm.D have donated food to the poor in the heart of the Singanallore bus stand. The local food donation event successfully brought the community together, collecting and distributing a diverse range of food items to those in need. The members worked tirelessly, and the event fostered a sense of solidarity, addressing hunger and promoting community support.





FIG 1: Valarakarangal members providing food for the needy in heart of Singanallore.

Dr.M. Ramanathan,