




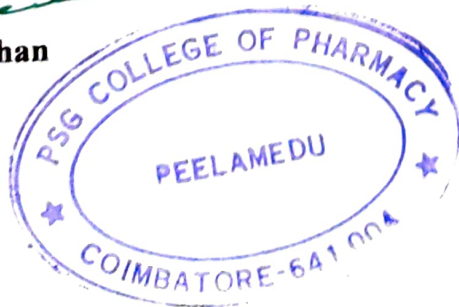
PROGRAM REPORT

Title of the Program	World Yoga day
Therapist Name	Dr.Subhashini Department of Naturopathy and Yoga Sciences PSG Hospitals Coimbatore
Number of participants	30
Organized by	Mr. D.Sivakumar Coordinator, NSS Unit, PSG College of Pharmacy, Coimbatore.
Date and venue	22/6/2022 in PSGCP Ground at 8.00 am

Summary:

As a part of NSS activity, World Yoga day was organized with the motto to create awareness and inculcate the habit of practicing yoga in day to day life. The session was initiated with the introduction of Dr.Subhashni, Consultant, Department of Yoga and Naturopathy by Mr. D.Sivakumar, NSS coordinator PSG College of Pharmacy, Coimbatore. The II B.Pharm students attended the session and were given an insight on importance of yoga and the different yoga postures were taught. The students also experienced the magic of yoga .


Dr. Ramanathan
Principal



PSG College of Pharmacy, Coimbatore-641 004



Yoga Day Celebrations at PSG ground on 22.06.2022

