### **PSG COLLEGE OF PHARMACY**

#### STUDENT COUNCIL-2015-2016

#### VALARKARANGAL REPORT 2015-2016

VALARKARANGAL TEAM is dedicated to promoting lifelong values of commitment to service and civic engagement among Lawrence communities by serving as a source of information and support for the community. VALARKARANGAL is charity initiative of the PSG COP students aimed to help the orphans for education & other basic needs. VALARKARANGAL was initiated by 2012 batch pharmacy students on June 14<sup>th</sup> college day function.

#### **Objectives:**

- To create a platform for students to inculcate social responsibilities, giving & helping tendency at the college level.
- To support the registered service orphanages through VALARKARANGAL in the form of books, food, clothing, finance etc.

#### **Activities of 2015-2016:**

- On 28/6/2015 members along with teaching staff Mrs.Uma visited DON BOSCO Anbu Illam, ukkadam & donated grocery items for the home.
- On 25/11/2015 members along with Principal visited DON BOSCO Anbu Illam, ukkadam & donated new dresses & crackers to the children for the orphanage for diwali celebration.
- On 11/1/2016 members along with our teaching staff Mr. Venkatesh visited BETHEL children home in vedapatti & donated a grinder which they requested on behalf of pongal celebration.

#### The team members of 2015-16 include:

- Secretary- J. Harish Prabhakar, 4<sup>th</sup> year Pharm D
- Tresurer-T. Naveen 4<sup>th</sup> year B Pharm

#### Members:

- 4th year-V.Naaagaselvan, Preetha, Jithin Tytus Jacob, Binitha Chandran, Angel T.A
- 3<sup>rd</sup> Year- K Jeevabalaji, Sathya, Eldhose, Ramya
- 2<sup>nd</sup> Year-Srinivasan, Sateesh, Dhivya, Venkata Sri Ram Sharan, Akshaya Maria
- 1<sup>st</sup> Year-Nithin Selvam, Durai Karthick

Dr.M.Ramanathan

# PSG COLLEGE OF PHARMACY

## STUDENT COUNCIL-2016-2017

# VALARKARANGAL REPORT 2016-2017

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#### **Objectives:**

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- To support the registered service orphanages through VALARKARANGAL in the form of books, food, clothing, finance etc.

#### **Activities of 2016-2017:**

- On 16/12/2016 members along with teaching staff Mr. Hari Prasad & Mr. Venkatesh visited ABHAYA AIDS HOME & sets of dresses, basic accessories, books, sweets etc for the home.
- On 8/4/2017 members visited ASHRAM home for challenged children & donated medicine, food, toys, basic needs & spend a day with them.

# The team members of 2016-17 include:

- Secretary- Suresh Balaji 4<sup>th</sup> year B Pharm
- Treasurer- Geethanajali.T 4<sup>th</sup> Pharm D

#### Other members:

Kartikeyan, Manikandan, Lokaeshwar, Bharathi .K, Sivaranjini ,Sindhuja ,Janapreethi, Mary Cecil, Jeeva Balaji, Mohammed Ashiq, Mohammed Mansoor, Kural Arasan.

Dr.M Ramanathan

## PSG COLLEGE OF PHARMACY

# STUDENT COUNCIL-2017-2018

# VALARKARANGAL REPORT 2017-2018

VALARKARANGAL TEAM is dedicated to promoting lifelong values of commitment to service and civic engagement among Lawrence communities by serving as a source of information and support for the community. VALARKARANGAL is charity initiative of the PSG COP students aimed to help the orphans for education & other basic needs. VALARKARANGAL was initiated by 2012 batch pharmacy students on June 14<sup>th</sup> college day function.

## **Objectives:**

- To create a platform for students to inculcate social responsibilities, giving & helping tendency at the college level.
- To support the registered service orphanages through VALARKARANGAL in the form of books, food, clothing, finance etc.

#### **Activities of 2017-2018:**

- On the month april 2018 team donated a set of chairs & tables, computer, books, stationeries & other teaching requisites.
- The team conducted world environmental day celebration on June 5 2018 & planted 20 plantlets in the village.

#### **Future Activities:**

The VALARKARANGAL team further aims to make available various government schemes designed for the betterment of the village, the team also aspires to improve the health status of the children in Attukal.

### The team members of 2017-18 include:

• Secretary- Venkata Sriram Sharan 4<sup>th</sup> year Pharm D

#### **Members:**

Chandra Bharathi, Sunitha Devi, Siva Ranjini, Adlin, Dharmaraj, Krishnan, Vignesh, Gowri, Diwakar, Jana Ranjini, Yoga lakshmi, Anilin, Lydia James, Pugalendhi, Kathir Nilavan.

Dr.M Ramanathan

#### STUDENT COUNCIL 2018-2019

#### VALARKARANGAL

Title of the event

: Kerala Flood Rehabilitation Program

Venue

: PSG CP

Date

: 14/08/2018

Students contribution

: Rs.35,000/-

#### Summary:

Funds were collected from all students and faculties of the college to contribute to the Kerala flood relief. Essential medicines, band-aids, bed sheets and dresses were procured with the raised fund and sent to the people affected by flood in Kerala.

Title of event

: Gaja Cyclone Rehabilitation Program

Venue

: PSG CP

Date

:21/11/2018 to 24/11/2018

Students contribution

: Rs.44,565/-

## Summary:

"A small act of kindness can make a big difference".

Funds were raised from students and faculties of the college to contribute to Gaja Cyclone relief. Around Rs.45000/- was collected. The following materials were purchased and sent to the people affected by Gaja cyclone.

21/11/2018 - Candles and mosquito coils worth Rs.2345/-

22/11/2018 - Bed sheets and mosquito coils worth Rs.3950/-

23/11/2018 - Tarpaulins worth Rs.25000/-

24/11/2018 - Tarpaulins worth Rs.13,270/-

tree



Title of event

: New year surprise

Venue

: Attukkal Village

No. of students participated : 30 students

Faculty In charge

: Mrs.R.Nithya & Mrs.S.Vijayalakshmi

Chief Guest

:Dr. M. Ramanathan

Date

:29/12/2018

Students contribution

: Rs.15,000/-

## Summary:

Students of Valarkarangal Team and the Faculty In-charge visited the Attukal village with the intention to provide an awareness program to the women of the village. Our Principal Dr.M.Ramanathan was the chief guest for the program. Pharm D Interns explained the proper usage and disposal of sanitary napkins to the women of the village. We donated 45 set of clothings to the children of the Anganwadi school in the village as New year surprise. The team also assessed the socio economic status of the village to plan for the future activities.

Title of the event

: Awareness Program

Venue

: Attukkal Village

No. of students participated

: 30 members

Date

: 13/02/2019

#### Summary:

In continuation of the previous visit, we organised an awareness programme on Family Planning and Women Health. The Valar Karangal team along with the faculty incharge Mrs S.Vijayalakshmi, visited the village and explained to them the importance of Family planning and women health. The women were enthusiastically listening and assured that they would try to follow and maintain good health and hygiene. The interactions with the women gave as an insight to arrange for a women empowerment program in future.

Title of the event

: Awareness program

Venue

: Attukkal Village

No. of students participated : 10 members

Date

: 12/02/2019

## Summary:

Our periodical assessment on the children of the village made us to initiate an awareness program about the impact or importance of education on their quality of life. Hence we arranged for the program with the team of students and 2 Faculty Incharge. The importance of schooling, opportunities to higher education and employment were explained to them.

Title of the event

: Providing lunch to the old aged people at Cheshire homes

Venue

: Cheshire old age home, Sowripalayam

No. of students participated

: Class wise ( 30 - PharmD and 60 - B.Pharm)

Students contribution

: Rs.4000 approx

Summary: To increase the helping tendency among our students we planned to provide the lunch to Cheshire old age home. We provided a turn for each class of students to offer lunch and all the classes contributed to it with extreme happiness.

## List of dates and classes

08/03/2019 - 4th B.Pharm

10/05/2019 - 3rd B.Pharm

24/04/2019 - 1st PharmD

08/07/2019 - 3rd PharmD

26/04/2019 - 2nd PharmD

15/07/2019 - 4th PharmD

02/05/2019 - 1st B.Pharm

G.M.ADLIN NIJISH,

SECRETARY, VALARKARANGAL.

Dr.M.Ramanathan,



# STUDENT COUNCIL 2019-2020 VALARKARANGAL

ValarKarangal strongly believes that giving is not just about making a donation; it's about making a change. Marching towards the goal, the following events were organised successfully.

Title of the event

: Act out to Hunger

Venue

: Chesire old age home (Peelamedu)

No. of students participated : 30 students (Agusthianz)

Date

: 11/12/19

Students contribution

: Rs.500/-

Summary: Agusthianz (1st year students of B.Pharm & Pharm D), contributed for lunch to mentally challenged people in Chesire old age home, Peelamedu consisting of 50 people. For this event we collected an amount, of 500 rupees, which they voluntarily donated from their savings. We hope this event will rise the sense of humanity among them.

Title of event

: Pothigai vanam

Venue

: Chesire old age home

No. Of students participated : 35 students (Zantronianz)

Date

: 25/02/20

Students contribution

: Rs.450/-

To involve students in social activities and to overcome their mobile addiction we initiated Organic Farming in the name of POTHIGAI VANAM at Chesire old age home every weekend under the guidance and support of our beloved Principal Dr.M.Ramanathan and Mr. D.Sivakumar. The students gained an insight on the raised bed technique in crop cultivation through this program.



Title of event : Tobacco awareness program & Career guidance program

Venue : PSG PUBLIC SCHOOL , VEDAPATTI

No. of students participated : 18 students

Staff Incharge : Miss. Sheryl Jess mam , Mr. Sivakumar D

Date : 28/01/20

Students contribution : Rs.300/-

Summary: We organized a career guidance program for X std students in PSG PUBLIC SCHOOL, VEDAPATTI to provide information on various fields and courses for their Higher Education. Through this program, we aim to promote the literacy rate in the village. Added to this, we also conducted a tobacco awareness program to the students which explained the harmful effects caused by smoking. The program created an impact and can help in early prevention of smoking among students.

Title of the event : Funding to Needy

Venue : PSG public school, Vedapatti

No. of students participated : 10 students

Date : 28/01/20

Students contribution : Rs.6000/-

Summary: With the support of Mrs. Parimala ,Principal of PSG PUBLIC SCHOOL students from 3<sup>rd</sup> Pharm.d (Lenusianz) donated a sum of Rs.6000/- to the students of PSG PUBLIC SCHOOL, Vedapatti .The fund will be utilized towards the payment of of school fees for two needy students of the school.

Title of the event : Community Rejuvenation

Venue : Vedapatti

No. of students participated : 20 students (MAD club members)

Date : 28/01/20

Students contribution : Rs.1500/-

G. COLLEGE OF PRIAMEDU COMMENTORE SALOUA.

Summary: In association with mad club members we painted the walls of Anganwadi Centre in Vedapatti and also provided sleeping mat, colour pencils, notebooks and other stationaries to the children. Funds for the same were provided by Alvicianz

Title of the event

: Act out to Hunger

Venue

: Peelamedu, Singanallur, Gandhipuram.

No. of students participated

:20 students(Zanthronianz)

Date

:16/02/20

Students contribution

: Rs.600/-

Summary: To inculcate the art of giving among students, we planned to provide food to homeless, needy people on the street. Students from Zantronianz batch came forward to raise fund for providing food and these students covered areas like Singanallur, Gandhipuram, & Hopes.

Title of the event

: Supporting little ones suffering with cancer

Venue

: PSG Hospitals, Peelamedu

No. of students participated : 7 students

Date

: 17/02/20

Students contribution

: Rs.4000/-

Summary: With the support and guidance of Miss. Suleka (the Right smile team) & Mrs. Vaishnavi (Department of oncology) we were able to extend our helping hands to the little ones suffering from cancer by collecting fund from our students (Lenusianz)

Title of the event

: Fire Safety awareness camp

Venue

: PSG public school

No. of students participated

: 14 students

Staff Incharge

: Mr. D.Sivakumar

PEELAMEDU

Summary: Mr. Raja Gopalan, Chief Fire and Safety Officer, PSG Hospitals, Coimbatore came forward to conduct a fire awareness camp in PSG public school, Vedapatti. Through this camp the students gained knowledge about do's & don'ts during fire accident. Children practically learnt about the safety measures, evacuation methods during a fire accident.

Title of the event

: Fire Safety awareness camp

Venue

: PSG college of pharmacy, Peelamedu.

No. of students participated

: 90 students

Staff Incharge

: Dr. Ravichandran

Date

: 27/02/20

Summary: We planned to provide knowledge about steps to handle fire accident to our college students also. The event was organized successfully with the support and guidance of Mr. Raja Gopalan, Chief Fire and Safety Officer of PSG Hospitals, Peelamedu and Dr.Ravichandran, Dept of Pharmaceutical Analysis.

KATHIR NILAVAN .P, SECRETARY , VALARKARANGAL

COMBATO

Dr.M.Ramanathan

# **PSG** College of Pharmacy

## Coimbatore - 04

## Valarkarangal activities

2016 - 2017

ABHAYA AIDS HOME-16/12/2016





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**Dr. M. Ramanathan**Principal

**2017-2018:**DONATED TEACHING REQUISITES.- APRIL 2018



### WORLD ENVIRONMENTAL DAY-JUNE 5 2018



G.

**Dr. M. Ramanathan**Principal

# 2018 – 2019:

NEW YEAR SURPRISE-29.12.2018:



AWARNESS PROGRAM 12.02.2019:



Ba.

**Dr. M. Ramanathan**Principal

### PROVIDING LUNCH TO THE OLD AGE PEOPLE AT CHESHIRE HOMES-ONCE IN A MONTH



## 2019-2020:

## ACT OUT TO HUNGER 11.12.19



Fa.

Dr. M. Ramanathan

## POTHIGAIVANAM -CHESIRE OD AGE HOME:-25.02.20:



TOBACCOS AWARENESS PROGRAM AND CAREER GUIDANCE PROGRAM-28.01.20



Fa.

Dr. M. Ramanathan

## FUNDING TO NEEDY-28.01.20:



## COMMUNITY REJENUVATION-28.01.20:



Fa.

Dr. M. Ramanathan

#### ACT OUT TO HUNGER 16-02-20:



SUPPORTING LITTLE ONES SUFFERING WITH CANCER-17-02-20



E.

Dr. M. Ramanathan

## FIRE SAFETY AWARNESS CAMP-27.02.20:



Familia

**Dr. M. Ramanathan**Principal